
THE GENERAL ASSEMBLY OF PENNSYLVANIA

HOUSE RESOLUTION

No. 461 Session of
2015

INTRODUCED BY KINSEY, THOMAS, MURT, HARHART, HENNESSEY,
C. PARKER, READSHAW, CALTAGIRONE, ROZZI, BOBACK, COHEN,
DIGIROLAMO, BISHOP, SONNEY, KIRKLAND, SCHLEGEL CULVER,
MILLARD, DRISCOLL, LONGIETTI, DONATUCCI, YOUNGBLOOD, MARSICO,
ROSS, McNEILL, BIZZARRO, SAMUELSON AND GINGRICH,
SEPTEMBER 4, 2015

INTRODUCED AS NONCONTROVERSIAL RESOLUTION UNDER RULE 35,
SEPTEMBER 4, 2015

A RESOLUTION

1 Designating September 18, 2015, as "Falls and Flu Prevention and
2 Awareness Day" in Pennsylvania.

3 WHEREAS, The House of Representatives notes the importance of
4 improving the health, functional abilities and quality of life
5 of older adults in our communities; and

6 WHEREAS, Annual flu vaccination is the single best way to
7 prevent seasonal flu infections and serious flu-related
8 illnesses; and

9 WHEREAS, Because early vaccination is associated with greater
10 health benefits, getting vaccinated as soon as a vaccine becomes
11 available is recommended as an effective flu prevention
12 strategy; and

13 WHEREAS, Older adults, especially persons with weakened
14 immune function or chronic health conditions, are susceptible to
15 flu complications resulting in hospitalization or death; and

1 WHEREAS, Vaccine options for older adults include a standard-
2 dose vaccine and a more protective higher-dose vaccine; and

3 WHEREAS, Improving vaccination rates is an important public
4 health goal in the Philadelphia area, where rates have fallen
5 below the national average; and

6 WHEREAS, Preventing falls is another public health challenge
7 in our communities; and

8 WHEREAS, Falls are a leading cause of fatal and nonfatal
9 injuries among older adults; and

10 WHEREAS, The risk of falling increases with each decade of
11 life; and

12 WHEREAS, Maintaining vision, balance and mobility, reviewing
13 medication use and ensuring home safety are some goals of fall
14 prevention; and

15 WHEREAS, Enlisting the support of family members and
16 caregivers helps when addressing modifiable fall risk factors;
17 and

18 WHEREAS, Center in the Park in Germantown is a nonprofit
19 community center serving senior residents of northwest
20 Philadelphia; and

21 WHEREAS, Center in the Park is participating in the National
22 Council on Aging's Flu + You program; therefore be it

23 RESOLVED, That the House of Representatives designate
24 September 18, 2015, as "Falls and Flu Prevention and Awareness
25 Day" in Pennsylvania; and be it further

26 RESOLVED, That a copy of this resolution be presented to
27 Center in the Park, 5818 Germantown Avenue, Philadelphia, PA
28 19144.